

Independence of the Seas®

DAY 5 Wednesday, August 3, 2016
At Sea

FOLLOW YOUR PASSION

Now that you're a few days into your cruise holiday, you probably feel a little different. You're more relaxed, carefree and comfortable all around. And you're not the only one. There are all kinds of people from all parts of the world sharing in your adventure. Some might even share an interest or two. It's true. There are wine connoisseurs, history buffs, health nuts, adrenaline lovers and dancing machines—just like you—lurking in every corner of the ship. And for every one of these wide-eyed adventurers, there's a venue or activity onboard.

FEATURED EVENTS

- 1. Perfume Party up to 50% off.**
Visit the Shops Onboard on the Royal Promenade today for our most popular promotion of the cruise! Our Perfume Party has the best-selling fragrances from brands such as Chanel, Dior, Marc Jacobs and many more, all at wonderfully low Tax and Duty Free prices. Plus an extensive range of up to 50% off beauty products which will be available for tonight only along the Royal Promenade.
9:00 am, Royal Promenade, Deck 5.
- 2. Tax and Duty Free Liquor**
Pre-order your tax and duty free liquor to take home with you, with a HUGE amount of special offers and cruise ship exclusives. Visit the Duty Free Emporium along the Royal Promenade on Deck 5. Order early to avoid disappointment.
- 3. Old and Modern Art Masters Auction**
Come join us for an incredible opportunity to bid on works of art both by modern living masters as well as an exquisite collection of Old Masters from Park West's extensive archive. Come see works by artists like Chagall, Miro, Goya and even an original Renoir lithograph. Museum quality works of art at incredible price points. Also there is an extremely special work of art that will be unveiled at today's auction. We will also be announcing the "Guess the Price of the Peter Max" contest winner during this event. Free Art and Free raffles for all in attendance. 12:30 pm, On Air, Deck 3.
- 4. Surf + Stream At Sea**
Buy now to enjoy the fastest internet at sea...even on a sea day! SURF the web, share photos and send emails from just \$12.99 per day. From \$17.99 per day, you can SURF + STREAM your favorite movies, TV shows and music as well as video chat. Connect to "ROYAL WiFi" today on your own device to get started.

BOOK YOUR SHORE EXCURSIONS NOW

Today is all about adventures onboard. But when we arrive in port you'll want to explore ashore. Visit Shore Excursions on Deck 5 purchase tickets for shore excursions in all our exciting destinations. Here are some of our top picks: *TU32 The Best of Provence *VF08- Nice & Monaco on you Own *BR19 Gaudi's Barcelona *PJA5 Flamenco Show at Son Amar. Visit the Shore Excursion Desk, Deck 5. Limited spaces!

WANT TO WIN \$300 OF FREE SLOT PLAY?

Join the Slot Players Tournament! To enter just collect slot points as you play. Get your first entry when you reach 50 points, a second entry when you reach 100 points and a third when you reach 200 points! Sign up at the tournament machines from 10 minutes prior to each round.

TODAY'S FORECAST

Sunny

High Temperature: 82°F (28°C)

Sunrise: 7:05 am

Sunset: 8:57 pm



IMPORTANT THINGS TO KNOW TODAY

Tonight's Dinner Dress Suggestion

Formal

Guest Conduct Policy

Royal Caribbean has a Guest Conduct Policy regarding safety, security, guest conduct, parental and guardian responsibility, alcohol, prohibited items, health and environment, dining areas dress code, age policies, and consequences for violation of this policy. Details are available on your Interactive T.V. System.

Safety Tip

Guests are to take care when walking around Deck 11 as it can be slippery or wet, and to ensure that you hold on to the rails when walking up and down stairways. Parents are to ensure that children keep their hands clear of elevator doors.

Airport Transfers

Enjoy the convenience of purchasing your airport transfer to London Heathrow or London Gatwick airport onboard. Transfer costs \$101 per person and can be purchased at Guest Services, Deck 5. Flight details will be required to book your transfer. Deadline for purchasing is Day 10, (Palma De Mallorca) by midnight. Departure time from the ship may range between 6:45 am and 7:30 am.

Curfew

For the well-being of our guests under the age of 18, Royal Caribbean International has put a curfew of 1:00 am into effect. Except Youth participating in Adventure Ocean Staff hosted events.

Lost & Found

If you've lost it, we might have found it. Stop by the Guest Services Desk on Deck 5 and see.

Smoking Policy

Please be advised that smoking is not permitted in your stateroom or on stateroom balconies, and only guests 18 years or older can possess tobacco. We do, however, offer guests dedicated smoking areas onboard, including Connoisseur Club, Deck 5, Deck 4 and Deck 11, portside outside area. Thank you for your cooperation.

Toilet System

We kindly request that no foreign objects be disposed of in the toilet. This includes sani-wipes, tissues and sanitary napkins. Please use the waste bin in your bathroom. The system is very sensitive and only designed to take the special toilet paper provided. By not following these guidelines the system will get blocked and inconvenience several staterooms. We thank you for your cooperation.

General Tips

Please remember that magnetic and electronic devices such as cameras, cell phones and purses or sunglass cases with magnetic clasps will demagnetize your SeaPass Card and you will not be able to open your stateroom door. If this does happen, please stop by Guest Services on Deck 5 and they will print you a new one.

EVENTS AND OFFERS NOT TO MISS TODAY!

SPA EXTRAVAGANZA

Join the Spa Team Today at 10:30 am on Deck 12 Forward for Spa Vouchers and Giveaways and a FREE Glass of Champagne. Free Eye Treatments, Massage Samplers, Foot Print Analysis and so much more!

SHORE EXCURSION - TUO2 CASSIS

"Who has seen Paris and not Cassis has seen nothing". Even if this saying by French poet Frédéric Mistral seems exaggerated, it nevertheless reflects the interest of this little seaside resort nestling at the foot of the impressive Cape Canaille cliff.

CASINO GAMING LESSONS

Join your friendly Casino Staff today in Casino Royale. Anytime a table has no game the dealer can give you a private lesson. Your Casino Host Tracy and the Slot Technicians are also available on the floor to help you play the "Hot Slots". Ask any of your Friendly Casino Staff for more details. Casino Royale, Deck 4.

TOP TO TOE IN THE VITALITY DAY SPA

Receive all of these treatments in a 75 minute pampering session for just \$139. Back Massage; Elemis Express Facial; Foot and Ankle Massage and Scalp Massage. Add a Hot Stone or Bamboo Massage on your back for only \$20. Visit the Day Spa on Deck 12, or call 6982 to schedule your appointment.

CUERVO Y SOBRINOS, WATCHES WITH A SWISS HEART AND A LATIN SOUL

Come to the Gifts and Jewelry store today to experience the only Swiss luxury watch with a true Latin legacy. Created in the Heart of Havana in 1882, Cuervo y Sobrinos enjoys unique and inimitable positioning in the world of luxury watches. For more information on one of the most Luxurious, beautiful and unique watch collections anywhere in the World visit Sven in the Gifts and Jewelry store on Deck 5 Royal Promenade.

CAPTURE THE MAGIC WITH A FORMAL PORTRAIT

You're having a fantastic time on your cruise holiday. Why not make the moment last forever with a formal portrait? This is a great keepsake you'll want to take home with you. You have several portrait studios to choose from.
5:30 pm - 11:00 pm, Decks 3, 4 & 5.

BRIGHTEN UP YOUR SMILE

The GoSMILE® System, now available onboard, is clinically proven to whiten your teeth up to six shades in just 30 minutes. Single \$149. Couples Special \$258. Call the spa at 6982 to schedule a free consultation.

CRUISE DIRECTOR'S PICK OF THE DAY

DIAMONDS ARE FOREVER

From Elizabeth Taylor to Jennifer Lopez, from traditional white to mocha chocolate, learn about the diamond with exclusive unveiling of our onboard Royal collection. With a Chance to WIN. 11:00 am, Gifts and Jewellery, Royal Promenade, Deck 5.

ACTIVITIES AND ENTERTAINMENT HIGHLIGHTS

TODAY'S SHOWS

Strings! - A World Adventure On Ice

Starring our International Ice Cast
and Special Guest Star **Joanna Marie**
Showtimes: 5:15 pm & 7:30 pm, Studio B*, Deck 3 aft.

The entrance to the Studio B ice rink is from the back of the ship only (AFT end) on Deck 3. You'll find it right next to On Air. Doors open 30 mins prior to the performance. Please have tickets ready for collection. We kindly ask all ticket holders to be present in the venue at least 10 minutes before showtime as non ticket holders will be permitted to enter shortly after this time. The show allows for both seating and standing areas, some of which have restricted sightlines.

Comedy Headliner Showtime

The Comedy and Singing Impressions of
Jonathan Clark
With Musical Accompaniment from the Independence of the Seas
Orchestra and the High C's Horns
Showtimes: 9:00 pm & 10:45 pm, Alhambra Theatre*, Decks 3, 4.

Please be reminded that the saving of seats and video taping of shows is strictly prohibited. Also, children in the first three rows of the theatre must be accompanied by a parent or guardian. We kindly ask that you refrain from using your mobile/cell phone during all performances.

*Assistive Listening System Available. Obtain receivers at Guest Services Desk.

ACTIVITIES

The Independence of the Seas Morning TV Show

It's another great day onboard and what a way to start with a message to you or someone you know. Your Cruise Director, Joff, and Caroline present the daily Morning Show on stateroom TV Channel 14. Take on the Game-Time challenge and enter the daily teaser. There's information about what's in, what's out, what's hot and what's hotter! Any requests can be placed in the RCTV Morning Show Box, outside Shore Excursions Desk, Royal Promenade, Deck 5.

Enrichment Lecture: Metropolitan Police and Royalty Protection Officer with Simon Cousins

Protecting Princess Margaret - On promotion to Inspector, Simon took over as the officer in charge of the protection of the Queen's sister, Princess Margaret. Simon spent nine years travelling the world with Princess Margaret. 10:30 am, Conference Center, Deck 2.
(Please note there is a maximum seating capacity for this venue).

The Progressive Quiz 2016 - Day 3 of 5

Your Cruise Director Joff continues the search for Progressive Quiz champions. It's day 3 already and we reconvene at the regular time. 10:30 am, Pyramid Lounge, Deck 5.

Zumba with Caroline

The entire world is talking about it...ZUMBA! Join your Activities Manager, Caroline, as she puts you through your paces in this fun class. 11:00 am, Poolside, Deck 11.

Enrichment Lecture - Darts with Keith Deller

Day at sea darts with Keith Deller. Killer pairs winners to receive a set of Phil Taylor darts. 11:30 am, Boleros, Deck 4.

Big Screen Visual Dance Movies & Musicals Quiz

Get those dancing shoes on as we invite you into the world of Dance Movies and Musicals. Join your Cruise Director's Staff for the time of your life. 8:00 pm, Pyramid Lounge, Deck 5.

Adult Karaoke

Time to step up to the mic and sing your heart out. 10:30 pm - late, On Air, Deck 3.

Feel Like A Millionaire Game Show

Don't get over excited about the prize, but see how far up the board you can proceed in this fun interactive game show. 10:30 pm, Pyramid Lounge, Deck 5.

COMING THIS CRUISE

The Big 4-a-Side Football Tournament - Over 18's (Day 10)

On Day 10, we present the big 4-a-side Football Tournament. Don't miss your chance to register your name with our Sports Staff at the Wipe-Out Desk, Deck 13 aft (by the FlowRider) any day during opening hours and be part of this great event.

TODAY'S ACTIVITIES

MORNING ACTIVITIES

24 hours	Friends of Bill W. and other gatherings, please refer to the Community Bulletin Board, Royal Promenade Deck 5
24 hours	Quiet Zone, Library Deck 7
Until 1:00 pm	The Morning Show with Joff and Caroline, Stateroom TV Channel 14
7:00 am	☪ Vitality Stretch, Fitness Center Deck 11
7:30 am	☪ Fab Abs, Fitness Center Deck 11
8:00 am	Core Conditioning Pilates (\$), Fitness Center Deck 11
9:00 am	Ladies Day in the Royal Shops, Royal Promenade Deck 5
9:00 am	Daily Sudoku available, Library Deck 7
9:00 am	☪ Group Indoor Cycling (\$), Fitness Center Deck 11
9:30 am	Morning Quiz, Schooner Bar Deck 4
9:30 am	Line Dance Fun with Tom, Pyramid Lounge Deck 5
9:30 am	Seminar: How to Have Frizz Free Hair, Fitness Center Deck 11
9:30 am	Progressive Table Tennis Tournament, Table Tennis Tables Deck 12 aft
9:45 am	Seminar: Liquid Facelift with Dr. Margoth, On Air Deck 3
10:00 am	Advanced Napkin Artistry, Schooner Bar Deck 4
10:00 am	☪ Body Sculpt Boot Camp (\$), Fitness Center Deck 11
10:00 am – 10:30 am	Open Ice Skating (Long pants and socks required), Studio B Deck 3
10:00 am – 11:00 am	Last Chance: Guess the Price of the Peter Max, Royal Promenade Deck 5
10:30 am	Enrichment Lecture - Metropolitan Police and Royalty Protection Officer, Conference Center Deck 2
10:30 am	Seminar: The Art of Collecting, On Air Deck 3
10:30 am	The Progressive Quiz 2016, Day 3 of 5 with your Cruise Director, Joff, Pyramid Lounge Deck 5
10:30 am	☪ Spa Extravaganza, Vitality Day Spa Deck 12
10:30 am	Kids Football Shootout (ages 5-11), Sports Court Deck 13
10:35 am – 11:05 am	Open Ice Skating (Long pants and socks required), Studio B Deck 3
10:45 am	Acupuncture for Pain, Digestion and Herbal Remedies, Schooner Bar Deck 4
11:00 am	Seminar: Diamonds are Forever, Gifts and Jewellery Boutique Deck 5
11:00 am	Seminar: Burn Fat Faster, Fitness Center Deck 11
11:00 am	Zumba with Caroline, Poolside Deck 11
11:10 am – 11:40 am	Open Ice Skating (Long pants and socks required), Studio B Deck 3
11:15 am	Scattergorious, Schooner Bar Deck 4
11:30 am	Enrichment Lecture - Darts with Keith Deller, Boleros Deck 4

AFTERNOON ACTIVITIES

Noon	Old and Modern Masters Art Auction, Registration, On Air Deck 3
12:15 pm	Solo Travellers Lunch, Meet in Boleros Deck 4
12:15 pm	Ice Carving Demonstration, Poolside Deck 11
12:15 pm	Kids' Card Making, Explorer Room Deck 12
12:30 pm	Old and Modern Masters Art Auction, On Air Deck 3
1:00 pm	Sit & Go Texas Hold' Em Poker Tournament (\$), Casino Royale Deck 4
1:00 pm	Cha Cha Dance Class with Andre And Tetiana, Pyramid Lounge Deck 5
1:00 pm	Seminar: Fluid Retention, Bloating and Cellulite Remedies, Day Spa Deck 12
1:30 pm	Progressive Battle of the Sexes - Round 3, Schooner Bar Deck 4
2:00 pm	Seminar: Relieving Back Pain and Improving Posture with "Good Feet", Fitness Center Deck 11
2:00 pm – 4:00 pm	Low Limit Blackjack Tables Tournament (\$), Casino Royale Deck 4
2:30 pm	World's Sexiest Man Competition (sign ups at 2:15 pm for guests aged 18 and above), Poolside Deck 11
2:30 pm	Chinese Herbal Remedies – Herbs That Heal, Vitality Day Spa Deck 12
2:30 pm	Adult Archery Competition (Sign up's 15 mins prior), Sports Court Deck 13
3:00 pm	Sit & Go Texas Hold' Em Poker Tournament (\$), Casino Royale Deck 4
3:15 pm – 3:45 pm	Cash Prize Royal Bingo (\$), Cards on Sale, Pyramid Lounge Deck 5
3:30 pm	Seminar: Instant Wrinkle Remedies, Day Spa Deck 12
3:45 pm	Tri-Bond Quiz, Schooner Bar Deck 4
3:45 pm	Cash Prize Royal Bingo (\$), Games Begin, Pyramid Lounge Deck 5
4:00 pm	Gravity Reformer (\$), Fitness Center Deck 11

4:00 pm	Closest to the pin (Sign up's 15 mins prior), Golf Simulator Deck 13
4:30 pm	Sports Quiz, Schooner Bar Deck 4
4:30 pm	Seminar: Puffy Ankles and Feet, Day Spa Deck 12
5:00 pm	Sunset Stretch, Fitness Center Deck 11
5:15 pm	☪ STRINGS - A World Adventure On Ice. Doors open 30 mins prior to showtime. Please have tickets ready for collection and be present in the venue by 10 mins before showtime as non ticket holders will be permitted to enter shortly after this time. Studio B Deck 3
5:15 pm	Music Quiz: Musicals, Schooner Bar Deck 4
5:15 pm	Kids Football Trivia, Explorer Room Deck 12
5:30 pm	Destination Flash Talk, (Toulon & Villefranche), On Air Deck 3
5:30 pm – 8:30 pm	California Wine Flights (\$), Vintages Deck 5

EVENING ACTIVITIES

6:00 pm – 8:00 pm	Walk in Pain Management Clinic, Vitality Day Spa Deck 12
6:00 pm – 8:00 pm	Complimentary Walk in Advanced Face/Neck & Tummy Rejuvenation with Dr. Margoth, Day Spa Deck 12
6:00 pm – 9:00 pm	Deals of the Day, Art Gallery Deck 3
7:30 pm	☪ STRINGS - A World Adventure On Ice. Doors open 30 mins prior to showtime. Please have tickets ready for collection and be present in the venue by 10 mins before showtime as non ticket holders will be permitted to enter shortly after this time. Studio B Deck 3
7:30 pm – 8:30 pm	Family Disco, The Labyrinth Deck 3
8:00 pm	The Quiz @ 8, Schooner Bar Deck 4
8:00 pm	Big Screen Visual Quiz: Dance Movies & Musicals, Pyramid Lounge Deck 5
9:00 pm	☪ Headliner Showtime, Jonathan Clark, Alhambra Theatre Decks 3, 4
10:00 pm	LGBT Community Mixer, Champagne Bar Deck 5
10:00 pm – 11:00 pm	Rat Pack Hour with DJ Spindian, The Labyrinth Decks 3, 4
10:00 pm	Adult Karaoke, On Air Deck 3
10:30 pm	Feel Like A Millionaire Game Show, Pyramid Lounge Deck 5
10:45 pm	☪ Headliner Showtime, Jonathan Clark, Alhambra Theatre Decks 3, 4
11:00 pm	Paradise Lotto Draw (\$), Casino Royale Deck 4
1:00 am	Curfew For Guests 17 & Under.

MUSIC AND DANCING

Cool by the Pool with Party Band: Pulse (weather permitting)	
1:30 pm – 2:15 pm	Poolside, Deck 11
3:00 pm – 3:45 pm	Poolside, Deck 11
Celebrity Scratch Academy DJ, Robert Michael	
3:00 pm – 5:00 pm	Sports Deck, Deck 13
Easy Listening with Piano Intermissionist, Tim Hammond	
5:00 pm – 5:45 pm	Olive or Twist, Deck 14
Caribbean & Pop Music with Roots Vibration	
5:15 pm – 6:00 pm	Boleros, Deck 4
7:45 pm – 8:30 pm	Boleros, Deck 4
Rock & Pop Music with Pulse	
7:30 pm – 8:00 pm	Pyramid Lounge, Deck 5
9:30 pm – 10:15 pm	Pyramid Lounge, Deck 5
Pub Entertainment with Stephen Burke	
7:45 pm – 8:30 pm	Dog & Badger, Deck 5
9:45 pm – late*	Dog & Badger, Deck 5
A Night at the Ivories with Sean McGreevy	
9:45 pm – late*	Schooner Bar, Deck 4
Easy Listening with Piano Intermissionist, Tim Hammond	
10:00 pm – 10:45 pm	Olive or Twist, Deck 14
11:00 pm – 11:45 pm	Olive or Twist, Deck 14
Cocktails & Dancing to the Many Sounds of Roots Vibration	
10:00 pm – late*	Boleros, Deck 4
Night Club Open for All Night Request with DJ Spindian	
11:00 pm – late	The Labyrinth, Decks 3, 4
Dance the Night Away with Pulse	
11:15 pm – late*	Pyramid Lounge, Deck 5

* Denotes breaks included

OPEN HOURS

Art Gallery (Dial 3869)	6:00 pm – 9:00 pm	Deck 3
Casino Royale (Dial 3171)	Slots 9:00 am – late	Deck 4
	Tables Noon – late	Deck 4
Doctor's Hours	8:00 am – 11:00 am / 4:00 pm – 7:00 pm	Deck 1
H2O Zone*	9:00 am – 8:00 pm	Deck 11
Independence Day Spa	(Dial 6982 - Acupuncture / Hair Salon / Medi-Spa / 60 SMILE® Teeth Whitening)	
	8:00 am – 10:00 pm	Deck 12
Fitness Center (Dial 3816)	6:00 am – 10:00 pm	Deck 11
Internet Assistance	9:00 am – noon / 1:00 pm – 3:00 pm	Deck 5
	5:00 pm – 8:00 pm	Deck 5
	(Dial 7777 for assistance until 10:00 pm)	
Loyalty Ambassador	9:00 am – 12:30 pm / 1:30 pm – 6:00 pm	Deck 6
NextCruise Office	9:00 am – 9:00 pm	Deck 5
Pets At Sea ™	1:30 pm – 2:30 pm (Challengers Arcade)	Deck 11
Padi Dive Shop	2:00 pm – 5:00 pm	Deck 11
Photo Gallery & Shop (Dial 3870)	10:00 am – 10:00 pm	Deck 4
Royal Shops (Dial 3867)	9:00 am – 11:00 pm	Deck 5
Shore Excursions Desk (Dial 7025)	9:00 am – 9:00 pm	Deck 5
Tuxedo Rental (Dial 1866)	10:00 am – noon	Deck 5
Sports Deck*	24 hours Open Play Basketball on Court	Deck 13
FlowRider***	9:00 am – 9:30 am Advanced Stand up Surfing	
	9:30 am – 11:00 am Stand up Surfing	
	11:00 am – 3:00 pm Boogie Boarding	
	3:00 pm – 5:00 pm Stand up Surfing	
Rock Climbing Wall***	10:00 am – noon Open Climbing	Deck 13
	1:00 pm – 5:00 pm Open Climbing	Deck 13
Golf Simulator*	Please see Sports Staff for full details. Book at the Wipe out Desk during opening times only (by reservation, \$25 fee).	
		Deck 13
Baggo (Open Play)	During Rockwall Open Hours	
Shuffle Board*	10:00 am – 10:00 pm	Deck 4
Table Tennis (Open Play)	24 hours (Weather permitting)	
Tournaments and Activities	Registration 15 minutes prior.	
	9:30 am Progressive Table Tennis Tournament, Table Tennis Tables	Deck 12
	2:30 pm Adult Archery Competition, Sports Court	Deck 13
	4:00 pm Closest to the Pin, Golf Simulator	Deck 13

*For rules and restrictions and sign up requirements, please see the staff at the appropriate venue.
 **Please remove all jewelry items. Ladies are advised to wear a T-Shirt. A FlowRider® waiver must be completed. The line will be closed approximately 45 minutes - 1 hour before closing time. Minimum height requirement; Boogie Boarding is 52"; Stand Up Surfing is 58".
 ***Trousers/shorts, socks, and dry clothing are required for participation. A Rock Climbing Wall waiver must be complete. Children must be 6 years of age or older to climb. Parents must be present to sign a waiver for children under the age of 18 and must stay to supervise children under the age of 13 years. Adults must be able to fit into the XXL harness to climb. Sign ups will close 15-30 minutes before closing time.
 **** Full length trousers, socks, and helmets are required for participation. Each session is 30 minutes in duration and based on a first come first served basis, with a maximum of 50 guests per session. Elbow pads and knee pads are available upon request, at the skate desk, inside Studio B.

The following services and venues are open 24 hours:
Emergency Only (Dial 911) / **Operator** (Dial 0) / **Guest Services** (Dial 0), Deck 5 / **Photo Kiosk**, Deck 4 / **royal caribbean online**™, Deck 8 / **Selected Hot Tubs**, Deck 11 / **Independence Dunes Golf**, Deck 13 / **Table Tennis**, Deck 12 aft.

NOTICES

Discharge Of All Garbage Into The Sea Is Prohibited
 The MARPOL Convention and domestic law generally prohibit the discharge of most forms of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained onboard and placed in the bins provided.

Helpful Health Information
 Royal Caribbean International, working in conjunction with the United States Centers for Disease Control and Prevention and EU SHIPSAN, has instituted enhanced cleaning procedures onboard all its ships. You'll see some of these activities during your cruise vacation. Medical experts tell us that the best way to prevent colds, flu, and gastrointestinal illnesses is to simply wash your hands thoroughly with soap and hot water after restroom breaks and again before eating anything. Your cooperation and assistance with this matter is appreciated.

ALASKA SUMMER 2017 IS OPEN FOR BOOKING

Next summer we have Explorer & Radiance of the Seas sailing Alaska, book early to get the best price & stateroom availability. Booking onboard has never been better you will receive the best promotion available, an onboard credit UP TO \$500, pay a reduced deposit and have full flexibility until final payment. Visit your NextCruise office on the Royal Promenade, Deck 5.

DAILY PLANNER

Independence of the Seas®

DAY 5 Wednesday, August 3, 2016
 Today we are At Sea

TONIGHT'S DINNER DRESS SUGGESTION: Formal

DINING SCHEDULE & AFTERNOON SNACKS

BREAKFAST

7:00 am – 11:00 am	Jade & Windjammer Café	Deck 11
8:00 am – 9:30 am	A la Carte Breakfast, King Lear Dining Room	Deck 5
8:00 am – 10:00 am	Buffet, Romeo & Juliet Dining Room	Deck 3

LUNCH

11:30 am – 3:30 pm	Jade & Windjammer Café	Deck 11
11:30 am – 6:00 pm	Johnny Rockets® (\$)	Deck 12
	(\$6.95 cover charge per person, gratuities included)	
Noon – 1:30 pm	Brasserie 30, Romeo & Juliet Dining Room	Deck 3
Noon – 1:30 pm	BBQ Lunch, Poolside (weather permitting)	Deck 11
11:00 am – 11:00 pm	Izumi Express (\$) (Sushi to go), Pie Minister	Deck 5

DINNER

5:30 pm – 9:00 pm	My Time Dining, Romeo & Juliet Dining Room	Deck 3
	Dial 7084 or visit the Dining Reservation Desk from 9:00 am – 5:00 pm.	
6:00 pm	Main Seating, All Dining Rooms	
	(doors close at 6:45 pm)	
6:30 pm – 9:00 pm	Casual Dinner, Jade & Windjammer Café	Deck 11
	Casual Dinner in Jade and the Windjammer Café is buffet style.	
8:30 pm	Second Seating, All Dining Rooms	
	(doors close at 9:15 pm)	

Bare feet, shorts and swim wear are not permitted in any of our Restaurants or indoor Bars at anytime. Shirts must be worn when visiting any of our food service venues or indoor Bars. Tank tops are not permitted in the Dining Room at any time.

SPECIALTY DINING

6:00 pm – 9:30 pm	Chops Grille, The Best Steak on the High Seas	Deck 11
	\$35 dining fee per person applies, gratuities included. (Reservations recommended, Dial 3055)	
6:00 pm – 9:30 pm	Giovanni's Table, Family Style Italian Dining	Deck 11
	\$25 dining fee per person applies, gratuities included. (Reservations recommended, Dial 3035)	
6:30 pm	Chef's Table (\$), Compliments to our Chefs	Deck 5
	Enjoy a five course meal paired with wine and presented by Chefs and Sommelier. \$85 dining fee per person applies gratuities included. Please allow two to three hours for dinner. (Dial 8780 for reservations)	

Dress Suggestion: Smart Casual. No short pants please. Cancellations with less than 24 hours notice will be charged a fee of \$10 per person.

6:00 pm – 11:30 pm	Johnny Rockets® (\$)	Deck 12
	(\$6.95 cover charge per person, gratuities included)	

SNACKS

24 hours	Café Promenade	Deck 5
24 hours (Dial - 1011)	Room Service	
	(\$3.95 service charge will be applied for Room Service light snack orders from midnight – 5:00 am)	
6:30 am – 7:00 am	Coffee & Juice Station, Plaza Bar in the Windjammer	Deck 11
	Pie Minister (\$)	Deck 5
11:00 am – 11:00 pm	Ben & Jerry's Ice Cream (\$)	Deck 5
11:00 am – 3:00 am	Sorrento's Pizzeria	Deck 5
3:45 pm – 4:45 pm	Afternoon Snacks, Windjammer Café	Deck 11

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BAR OPEN HOURS

A full list of all bar hours and their smoking policies can be found daily on our digital signage by Guest Services and in front of the Pyramid Lounge on Deck 5. The Casino Bar and The Labyrinth night club remain open later than other bars.



DRINK OF THE DAY - FRENCH KISS \$10.95

A perfect mingling of BACARDI Superior rum, coconut rum, peach liqueur, and pineapple and cranberry juices, shaken and served over ice.